



PSYCHOLOGY

What YOU will learn:

When you major in psychology at Nebraska, you will explore and study behavior and psychological function in humans and animals along with the individual, social, and biological factors that lead to normal and abnormal behavior. You will be exposed to many core areas of psychology, along with the option to pursue advanced course work in areas that spark your interest.

In addition to core requirements, you can elect to enroll in courses such as Aggression, Drugs and Behavior, Learning and Motivation, Psychology of Personality, Abnormal Psychology, Psychology and Law, Psychology of Racism, Health Psychology, Human Memory, Behavioral Neuroscience, Child Behavior and Development and many more!

Career opportunities YOU will have:

With a bachelor’s degree from the College of Arts and Sciences, you are prepared for entry-level careers in human services (outreach, advocacy, case manager, crisis worker), business (management, sales, public relations, human resources, research assistant), government (parole officer, employment specialist, foreign service officer, child protection worker), and education (teaching assistant, community health educator, college recruiter, after-school program coordinator). Employment of recent Nebraska graduates include:

- Assistant Teacher in the CDC, Madonna Rehab Hospital
- Camp Coordinator, Lincoln Children’s Zoo
- Children and Family Services Specialist, Nebraska HHS
- Child Testing Technician, University of Nebraska-Lincoln
- Community Support Professional, Region V Services
- Development Associate, NE Lutheran Outdoor Ministries
- Direct Support Professional, Integrated Life Choices
- ESL Interventionist, Alief Middle School
- Family Consultant/Social Worker, Boys Town
- Family Permanency Specialist, Nebraska Family Cooperative
- Paralegal, Stowell and Geweke
- Preschool Teacher, Teach for America
- Social Service Worker, Nebraska Dept of Health & Human Services
- Volunteer Coordinator, Hospice Community Care

Why NEBRASKA for Psychology?

The Center for Brain Biology and Behavior - CB3 - a collaboration between the Big Ten and the Ivy League to conduct an extensive study of concussion injuries in student athletes. The Center houses a radiology unit and functional magnetic resonance imaging (fMRI) magnet that will allow for both faculty and students from a variety of disciplines on campus to conduct research.

You would also have the opportunity to participate in hands-on research in several other research labs, including two observation rooms equipped with two-way mirrors used to observe and record behaviors of research participants, and animal labs used to house and analyze the behavior of rodents and birds. In addition, The Psychological Consultation Center (PCC) provides affordable mental health services for children, adults, and adolescents.

Picture yourself engaging in research similar to current student projects such as *Early Intervention to Mitigate Dyslexia in Infants at Risk*, *How Microgravity and Sleep Deprivation Affects Brain Physiology*; *Facial Recognition: Eye Gaze, Confidence, and Accuracy of Eyewitness Memory for Target Faces at Different Ages*, *Longitudinal effects of concussion on attention and cognition*, or *Blame and the fight against obesity: Structuring effective legal strategies for policy-making*.

Get involved and connect with the Department and your peers by joining the Undergraduate Psychology Organization (UPO) promoting interests outside the traditional classroom setting, or Psi Chi, a national honorary society for graduate and undergraduate psychology students.





COLLEGE OF ARTS AND SCIENCES

PSYCHOLOGY

| | COURSE NAME | HOURS |
|-----------------------|---|-----------|
| FIRST Semester | PSYC 181: Introduction to Psychology (ACE 6) | 4 |
| | PSYC 100: Career Planning for Psychology Majors | 1 |
| | ACE 1: Written texts/research & knowledge skills | 3 |
| | Language Prerequisite - 101 Level (Elective) | 5 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
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| | | |
| | Total Hours | 16 |

| | COURSE NAME | HOURS |
|------------------------|---|-----------|
| SECOND Semester | Psychology Group 1: Natural Science Lower-Level Course (CDR D) | 3 |
| | Psychology Group 2: Social Science Lower-Level Course | 3 |
| | College Distribution Requirement (CDR) A: Written communication | 3 |
| | Language Prerequisite - 102 Level (Elective) | 5 |
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| | Total Hours | 14 |

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| THIRD Semester | Psychology Group 1: Natural Science Lower-Level Course | 3 |
| | Psychology Group 2: Social Science Lower-Level Course | 3 |
| | ACE 3: Mathematical/computational/statistical/formal reasoning | 3 |
| | Language Requirement - 201 Level (CDR E) | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
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| | Total Hours | 15 |

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|------------------------|---|-----------|
| FOURTH Semester | PSYC 350: Research Methods & Data Analysis (ACE 10) | 4 |
| | ACE 2: Communication skills | 3 |
| | Language Requirement - 202 Level (CDR E) | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 1 |
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| | Total Hours | 14 |

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| FIFTH Semester | Psychology Group 1: Natural Science Upper-Level Course | 3 |
| | ACE 4: Scientific methods & knowledge of natural/physical world | 3 |
| | ACE 5: Humanities | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
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| | Total Hours | 15 |

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| SIXTH Semester | Psychology Group 2: Social Science Upper-Level Course | 3 |
| | CDR B, BL: Natural, Physical & Mathematical Sciences w/ Lab | 4 |
| | ACE 8: Ethics/civics/stewardship | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
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| | | |
| | Total Hours | 16 |

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| SEVENTH Semester | Psychology 400 Level Course | 3 |
| | ACE 7: Fine Arts | 3 |
| | CDR C: Humanities | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
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| | Total Hours | 15 |

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|------------------------|---|-----------|
| EIGHTH Semester | Psychology 400 Level Course | 3 |
| | ACE 9: Global awareness & human diversity | 3 |
| | CDR F: Additional breadth | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
| | Elective/Minor/Secondary Major/Science/Pre-Professional | 3 |
| | | |
| | | |
| | Total Hours | 15 |

DISCLAIMER: This document represents a sample 4-year plan for degree completion with a major of interest in the College of Arts and Sciences. Actual course selection and sequence may vary and should be discussed individually with an Academic Advisor at the college and department level.