

# STUDENT POST-INTERNSHIP EVALUATION

CAS 095, 395



**Student Name:** \_\_\_\_\_ **NUID:** \_\_\_\_\_

**CAS Major(s):** \_\_\_\_\_ **Minor(s):** \_\_\_\_\_

**B.A.**  **B.S.**  **Catalog Year:** \_\_\_\_\_ **Expected Graduation:** \_\_\_\_\_

**Employing Organization:** \_\_\_\_\_ **Internship Job Title:** \_\_\_\_\_

The Post-Internship Evaluation has three components: self-evaluation of your growth in the NACE Career Readiness competency areas, self-evaluation of your performance in your internship, and an evaluation of the quality of your internship experience overall.

**CAREER READINESS COMPETENCY RATINGS**

Evaluate your proficiency in each of the following areas of career readiness, using a rating scale of 1-10 with 10 being Excellent, and 1 being Poor. Career readiness is a foundation from which to demonstrate core competencies that broadly prepare college students for success in the workplace and lifelong career management. For more information about the career readiness competency areas, visit [NACEweb.org](http://NACEweb.org).

Career Readiness Competency	Rating, 1-10	Briefly explain your rating
<b>CAREER &amp; SELF DEVELOPMENT</b> Proactively develop oneself and one's career through continual personal and professional learning, awareness of one's strengths and weaknesses, navigation of opportunities, and networking to build professional relationships.		
<b>COMMUNICATION</b> Clearly and effectively exchange information, ideas, facts, and perspectives in professional settings.		
<b>CRITICAL THINKING</b> Identify and respond to needs based upon an understanding of situational context and logical analysis of relevant information.		
<b>EQUITY &amp; INCLUSION</b> Demonstrate the awareness, attitude, knowledge, and skills required to equitably engage and include people from different local and global cultures. Engage in anti-racist practices that actively challenge the systems, structures, and policies of racism.		
<b>LEADERSHIP</b> Recognize and capitalize on personal and team strengths to achieve organizational goals.		
<b>PROFESSIONALISM</b> Understand and demonstrate effective work habits, and act in the interest of the large community and workplace.		
<b>TEAMWORK</b> Build and maintain collaborative relationships to work effectively toward common goals, while appreciating diverse viewpoints and shared responsibilities.		
<b>TECHNOLOGY</b> Understand and leverage technologies ethically to enhance efficiencies, complete tasks, and accomplish goals.		

**PERSONAL PERFORMANCE**

Evaluate your performance at your internship in each of these areas, using a rating scale of 1-10 with 10 being Excellent, and 1 being Poor. Briefly explain your rating using examples or details from your internship experience.

Performance Area	Rating, 1-10	Briefly explain your rating
<b>SELF-MANAGEMENT</b> I was able to manage my time and work responsibilities well.		
<b>QUALITY OF WORK</b> I feel confident in the quality of work I produced.		
<b>QUANTITY OF WORK</b> I made substantial progress on projects.		
<b>RESPONSE TO DIRECTION &amp; FEEDBACK</b> I recieved and responded appropriately to feedback.		
<b>INITIATIVE</b> I took initiative to seek additional opportunities to learn.		
<b>ENTHUSIASM &amp; INTEREST IN WORK.</b> I regularly demonstrated a positive attitude toward my work.		
<b>RESOURCEFULNESS</b> I used appropriate resources to help support my work.		
<b>KNOWLEDGE OF CAREER FIELD</b> I showed growth in my knowledge of this career field.		

**QUALITY OF INTERNSHIP EXPERIENCE**

Evaluate your internship organization and the overall quality of your internship experience based on the following critieria, provided by NACE. Use a rating scale of 1-10, with 10 being Excellent, and 1 being Poor. **This feedback will not be shared with your employer, so please be honest.** Consider having a conversation with your supervisor about your feedback so they know how to improve the experience in the future.

Internship Criteria	Rating, 1-10	Briefly explain your rating
<b>DESCRIPTION OF EXPERIENCE</b> The internship had a clear job description with desired qualifications listed.		
<b>LEARNING OBJECTIVES</b> There were clearly defined learning objectives related to my professional goals.		
<b>EXTENSION OF THE CLASSROOM</b> The internship was a learning experience for applying knowledge gained in the classroom.		
<b>TRANSFERRABLE TO OTHER SETTINGS</b> Skills or knowledge learned in the internship can be transferred to other employment settings.		
<b>SUPERVISION</b> I was supervised by a professional with expertise, education, and/or professional experience in the field.		
<b>FEEDBACK</b> I received routine feedback and direction from my experienced supervisor.		
<b>PHYSICAL ELEMENTS</b> Resources, equipment, and facilities were provided by the employer to support the internship goals.		



COLLEGE OF ARTS AND SCIENCES

Academic and Career Advising Center

107 Oldfather Hall | Lincoln, NE 68588-0330 | 402-472-4190 | [cas.unl.edu/advising](http://cas.unl.edu/advising)

*The University of Nebraska-Lincoln is an equal opportunity educator and employer.*