



PSYCHOLOGY

Academics

When you major in psychology at Nebraska, you will explore and study behavior and psychological function in humans and animals along with the individual, social and biological factors that lead to normal and abnormal behavior.

Beyond the core requirements, dive deep into one of three options to match your interests:

- *Clinical Sciences and Human Service*
- *Neuroscience*
- *Psychological Science*

Opportunities

With a bachelor's degree in psychology from the College of Arts and Sciences, you are prepared for entry-level careers in human services (outreach, advocacy, case manager, crisis worker), business (management, sales, public relations, human resources, research assistant), government (parole officer, employment specialist, foreign service officer, child protection worker), and education (teaching assistant, community health educator, college recruiter, after-school program coordinator). Here are examples of recent graduates' employment:

- Behavioral Health Technician / *BOYS TOWN*
- Corrections Unit Caseworker / *NEBRASKA DEPARTMENT OF CORRECTIONS*
- Director of Talent Sourcing / *GALLUP*
- Enrollment Counselor / *MOUNT MARY COLLEGE*
- Foster Care Family Support Services / *LARIMER CENTER FOR MENTAL HEALTH*
- Neurobiology Research Assistant / *BOYS TOWN NATIONAL RESEARCH HOSPITAL*
- Professional Services Consultant / *CERNER CORPORATION*
- Reporter / *CHICAGO TRIBUNE*
- Volunteer Coordinator / *HOSPICE COMMUNITY CARE*
- Youth Specialist / *CEDARS*

Experience

In the College of Arts and Sciences, we know experience is valuable and goes beyond the classroom. We strive to help you connect your academics with research, internships, education abroad, service learning and leadership experiences. Take advantage of opportunities in psychology such as:

- Studying abroad in a country of interest
- Joining the Undergraduate Psychology Organization
- Interning with Friendship Home as a Women's Advocate
- Researching the neuroscience of decision-making and traumatic brain injury
- Volunteering with CEDARS Youth Services



PSYC—SAMPLE 4-YEAR PLAN*

ACE = Achievement-Centered Education CDR = College Distribution Requirements

FIRST SEMESTER

PSYC 181: Introduction to Psychology (ACE 6)	4
PSYC 100: Career Planning for Psychology Majors	1
Written Texts / Research & Knowledge Skills (ACE 1)	3
CDR: Language	5
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Total Hours	16

SECOND SEMESTER

PSYC 263: Introduction to Cognitive Processes (CDR)	3
PSYC 288: The Psychology of Social Behavior	3
CDR: Written Communication	3
CDR: Language	5
Total Hours	14

THIRD SEMESTER

PSYC 273: Brain and Behavior (ACE 4)	3
PSYC 289: Developmental Psychology	3
Mathematical / Computational / Statistical / Formal Reasoning (ACE 3)	3
CDR: Language	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Total Hours	15

FOURTH SEMESTER

PSYC 350: Research Methods & Data Analysis (ACE 10)	4
Communication Skills (ACE 2)	3
CDR: Human Diversity in U.S. Communities	3
CDR: Language	3
Elective / Minor / Secondary Major / Science / Pre-Professional	1
Total Hours	14

FIFTH SEMESTER

Psychology 300- or 400-Level Course	3
Psychology 300- or 400-Level Course	3
Humanities (ACE 5)	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Total Hours	15

SIXTH SEMESTER

Psychology 300- or 400-Level Course	3
Ethics / Civics / Stewardship (ACE 8)	3
CDR: Natural, Physical, and Mathematical Sciences with Lab	4
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Total Hours	16

SEVENTH SEMESTER

Psychology 400-Level Course	3
Fine Arts (ACE 7)	3
CDR: Humanities	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Total Hours	15

EIGHTH SEMESTER

Psychology 400-Level Course	3
Psychology 400-Level Course	3
Global Awareness & Human Diversity (ACE 9)	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Total Hours	15

*DISCLAIMER: This document represents a sample 4-year plan for degree completion with a major of interest in the College of Arts and Sciences. Actual course selection and sequence may vary and should be discussed individually with an academic advisor at the college and department level.