



## WOMEN'S AND GENDER STUDIES

### Academics

When you major in women's and gender studies you will study women, gender and sexuality; as you investigate the lives of women as writers and scholars, artists and activists, public figures and private citizens, in the past and the present. You will also study gender more broadly, which means you will look at feminine, masculine and queer identities across time and cultures in order to understand how gender signifies relationships of power.

Your core classes will include Introduction to Women's and Gender Studies; Feminist Theories, Feminists' Perspectives; and a senior seminar. Beyond that, dive deep into upper-level elective courses like:

- Activism and Feminist Communities
- Philosophy of Feminism
- Psychology of Gender
- Sexuality and Power
- Women, Gender, and Health

### Opportunities

Your women's and gender studies major provides valuable interdisciplinary training, appealing to employers and higher education programs alike. With coursework and experiences such as working for human rights and justice, traveling abroad to gain new perspectives, or taking advantage of an internship in any number of industries, you will be prepared for anything. You could pursue a position as a counselor, social worker, health care professional, editor or teacher. You could also pursue graduate programs in a variety of disciplines or obtain a law or medical degree. Here are examples of recent graduates' employment:

- Associate Attorney / *KINSEY ROWE BECKER & KISTLER, LLP*
- Case Manager / *CENTER POINTE*
- Editor / *UNIVERSITY OF NEBRASKA-LINCOLN*
- Field Director / *KILEY FOR KIDS*
- Mentor for the Highly Gifted / *LINCOLN PUBLIC SCHOOLS*
- Office Associate / *UNIVERSITY HEALTH CENTER COUNSELING*
- Program Specialist / *GIRL SCOUTS*
- Rural Advocate / *VOICES OF HOPE*
- Therapeutic Mentor / *ST. MONICA'S BEHAVIORAL HEALTH SERVICES FOR WOMEN*

### Experience

In the College of Arts and Sciences, we know experience is valuable and goes beyond the classroom. We strive to help you connect your academics with research, internships, education abroad, service learning and leadership experiences. Take advantage of opportunities in women's and gender studies such as:

- Studying abroad in Greece
- Serving in the university's Women's Center
- Interning with Planned Parenthood of the Heartland
- Researching domestic violence in literature
- Leading peers as the president of Students Advocating Gender Equity (SAGE) student organization
- Presenting at the No Limits Conference



## WMNS—SAMPLE 4-YEAR PLAN\*

ACE = Achievement-Centered Education    CDR = College Distribution Requirements

### FIRST SEMESTER

WMNS 101: Introduction to Women's & Gender Studies (ACE 9)	3
Written Texts / Research & Knowledge Skills (ACE 1)	3
Communication Skills (ACE 2)	3
CDR: Language	5
<b>Total Hours</b>	<b>14</b>

### SECOND SEMESTER

Women's & Gender Studies History Course	3
CDR: Written Communication (ACE 1)	3
Social Sciences (ACE 6)	3
CDR: Language	5
<b>Total Hours</b>	<b>14</b>

### THIRD SEMESTER

Women's & Gender Studies Social Science Course (CDR: Social Science)	3
Women's & Gender Studies Literature / Humanities Course	3
Mathematical / Computational / Statistical / Formal Reasoning (ACE 3)	3
CDR: Language	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	1
<b>Total Hours</b>	<b>16</b>

### FOURTH SEMESTER

Women's & Gender Studies History Course (CDR: Humanities)	3
Women's & Gender Studies Literature / Humanities Course	3
CDR: Human Diversity in U.S. Communities	3
CDR: Language	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
<b>Total Hours</b>	<b>15</b>

### FIFTH SEMESTER

Women's & Gender Studies Social Science 300- or 400-Level Course	3
Additional Women's & Gender Studies Course	3
Additional Women's & Gender Studies Course	3
Sciences (ACE 4)	3
Humanities (ACE 5)	3
<b>Total Hours</b>	<b>15</b>

### SIXTH SEMESTER

Women's & Gender Studies 300- or 400-Level Course	3
Women's & Gender Studies 300- or 400-Level Course	3
CDR: Natural, Physical, and Mathematical Sciences with Lab	4
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
<b>Total Hours</b>	<b>16</b>

### SEVENTH SEMESTER

WMNS 485: Feminist Theories, Feminists' Perspectives	3
Ethical Principles (ACE 8)	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
<b>Total Hours</b>	<b>15</b>

### EIGHTH SEMESTER

WMNS 400: Senior Seminar (ACE 10)	3
Fine Arts (ACE 7)	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
Elective / Minor / Secondary Major / Science / Pre-Professional	3
<b>Total Hours</b>	<b>15</b>

\*DISCLAIMER: This document represents a sample 4-year plan for degree completion with a major of interest in the College of Arts and Sciences. Actual course selection and sequence may vary and should be discussed individually with an academic advisor at the college and department level.